

PACKING LIST UGANDA:

YOUR CHECKLIST TO TICK OFF

 **DOCUMENTS**

- COVID-certificate
- Valid passport (check the validity and renew if necessary)
- Copy of passport (save digitally or keep separately from original)
- Visa (online before arrival)
- Insurance certificate for health insurance abroad (online)
- Vaccination card (check if you need to refresh vaccinations)
- Flight ticket (printed or e-ticket)
- Travel credit card
- Cash
- List of emergency contacts and allergies, if any
- Optional:** International driver's license (in case you want to rent a car)
- _____
- _____

 **TOILET BAG**

- Toothbrush
- Toothpaste
- Dental floss
- Deodorant
- Hairbrush
- Sunscreen
- Razor
- Shower gel/soap
- Shampoo/conditioner
- Nail care
- Face cream
- Lip protection with UV factor
- Tweezers
- Hygiene articles
- Optional:** Make-Up
- _____
- _____

 **ELECTRONICS**

- Mobile phone with charger
- Headphones
- Power bank or solar charger
- Flashlight (chargeable through USB or battery powered)
- Headlamp with red light so as not to disturb animals (USB rechargeable or battery powered)
- Travel plug adapter type G
- Alarm clock
- Binoculars (for safaris)
- Additional batteries
- Camera with charger
- Optional:** Laptop/Tablet/E-Reader/Kindle with charger
- Optional:** Power strip
- _____

 **PERSONAL COMFORT**

- Backpack (pay attention to hand luggage dimensions: 55x40x20cm for the plane)
- Sunglasses
- Earplugs/Ohropax
- Books/magazines/Travelguide
- Sleeping mask
- Microfiber towel
- Travel pillow (for flight and longer trips)
- Telescopic poles (for support during trekking)
- _____

**ENVIRONMENTALLY
CONSCIOUS TRAVEL**

- Reusable silicone tubes filled with your shampoo, conditioner, shower gel
- Reusable bottle (preferably stainless steel for hot and cold)
- Optional:** Reusable cup (preferably stainless steel for hot and cold)
- Optional:** Stainless steel outdoor cutlery (knife, spoon, fork, chopsticks, straw)
- _____

 **TRAVEL PHARMACY**

- Hand disinfectant or wipes
- Anti-mosquito repellent for Skin and Clothes (e.g. Nobite, Autan or RID with ingredient DEET or similar)
- Painkillers (e.g. Ibuprofen, Aspirin)
- Diarrhea medication (e.g. Imodium Akut, charcoal tablets)
- Malaria prophylaxis
- Eye drops against dust
- Wound cream (e.g. Bepanthen)
- Plasters and blister plasters
- If necessary, tablets against travel sickness
- _____

 **CLOTHES & SHOES**

- Underwear
- Thin socks
- T-shirts (long and short sleeves)
- Thin and thick hoodies/sweatshirts
- Light longer trousers
- Hat/Cap - for sun protection
- Shorts
- Swimwear & Towel
- Thin jacket against wind and rain
- Multifunctional cloth
- High, waterproof walking boots - pants should be tucked into socks and boots while trekking
- Sneaker (closed shoes)
- Sandals (open shoes)
- Flip-Flops
- Optional:** Light Gloves

For night and early morning:

- Warm socks
- Long sleepwear/pyjamas
- _____